



# PLANNING DES COURS BIKING - AYTRÉ

## RÉSERVATION

sur votre application mobile ou sur votre PC

Site web : [Relaxforme.fr](http://Relaxforme.fr)



Relaxfytaytre



Relaxfytaytre

Contact : [aytre@relaxforme.fr](mailto:aytre@relaxforme.fr)

LUNDI	MARDI	MERCREDI	JEUDI	VENREDI	SAMEDI
		7h15-8h00 LES MILLS RPM	7h15-7h45 LES MILLS sprint		
09h-09h45 LES MILLS RPM	09h-09h45 THE TRIP	09h-09h30 LES MILLS sprint	09h-09h45 LES MILLS THE TRIP	09h-09h45 LES MILLS THE TRIP	09h-09h30 LES MILLS sprint
10h-10h45 LES MILLS THE TRIP	10h-10h45 LES MILLS RPM	10h-10h45 LES MILLS THE TRIP	10h-10h45 RPM	10h-10h30 LES MILLS sprint	10h-10h45 RPM
11h-11h45 LES MILLS sprint	11h-11h45 LES MILLS THE TRIP	11h-11h45 LES MILLS RPM	11h-11h30 LES MILLS sprint	11h-11h45 LES MILLS THE TRIP	11h-11h45 LES MILLS THE TRIP
12h25-13h10 LES MILLS THE TRIP	12h25-12h55 LES MILLS sprint	12h25-13h10 RPM	12h25-12h55 LES MILLS sprint	12h25-13h10 LES MILLS RPM	12h-12h45 LES MILLS RPM

16h15-17h LES MILLS RPM	16h15-17h LES MILLS THE TRIP	16h15-17h LES MILLS RPM	16h15-17h LES MILLS THE TRIP	16h15-16h45 LES MILLS sprint
17h40-18h25 LES MILLS THE TRIP	17h40-18h25 LES MILLS RPM	17h40-18h25 LES MILLS THE TRIP	17h40-18h10 LES MILLS sprint	17h40-18h25 LES MILLS THE TRIP
18h35-19h05 LES MILLS sprint	18h35-19h20 RPM	18h35-19h20 RPM	18h35-19h20 LES MILLS THE TRIP	18h35-19h20 LES MILLS RPM
19h30-20h15 RPM	19h30-20h15 LES MILLS THE TRIP	19h30-20h LES MILLS sprint	19h30-20h15 RPM	19h30-20h LES MILLS sprint

