



PLANNING DES COURS AQUA - ROCHEFORT

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI
9h45-10h30	9h45-10h30	9h45-10h30	9h45-10h30	9h45-10h30	9h45-10h30
AQUATRaining	AQUAGYM	AQUADYNAMIC	AQUABIKE	AQUADYNAMIC	AQUACOMBAT
10h45-11h30	10h45-11h30	10h45-11h30	10h45-11h30	10h45-11h30	10h45-11h30
AQUABIKE	AQUADYNAMIC	AQUABIKE	AQUATRaining	AQUACOMBAT	AQUABIKE
12h25-13h10	12h25-13h10		12h25-13h10	12h25-13h10	
AQUADYNAMIC	AQUATRaining		AQUACOMBAT	AQUAGYM	
	16h15-17h	17h25-18h10			
	AQUABIKE	AQUATRaining			
18h-18h45	18h-18h45	18h20-19h05	18h-18h45	18h-18h45	
AQUABIKE	AQUAGYM	AQUACOMBAT	AQUADYNAMIC	AQUABIKE	
19h-19h45	19h-19h45		19h-19h45		
AQUACOMBAT	AQUATRaining		AQUABIKE		

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